Dear Parents/Carers,

The Cross Country Carnival will be held on Thursday 3rd April at Allan Border Oval or Thursday 1st May 2014 (wet weather back-up) from 9am-12pm.

The Cross Country Carnival is NOT compulsory, however, all students are encouraged to participate. Students will be called from their classes to participate in their age races. Students who choose not to participate will remain in classrooms.

Students requiring asthma medication need to ensure they are carrying it with them.

The races will take place in the following order: Times are just a guide
1. 8/9 years boys and girls (9:15-10am)
2. 10 years boys and girls (10 - 10:30am)
3. 11 years boys and girls (10:30-11am)
4. 12/13 years boys and girls (11-11.30am)

N.B. Each child competes in the age group that he or she turns this year.

The 8/9/10 year old age group will run approximately 2km i.e. 2 laps of the course - 2 laps inside oval, 2 laps outside.
The 11/12/13 year old age group will run approximately 3km i.e. 3 laps of the course - 3 laps inside oval, 3 laps outside.

Competitors are encouraged to wear their house colours or their sports uniform with suitable running shoes.

Parent helpers are essential to the running of the carnival. If you are able to assist on the day, please email Adrienne Gale at basj@bigpond.net.au

Please fill in the permission slip below and return it to your class teacher no later than Friday 28th March 2014.

Stephen Dowler
Sports Coordinator

This event has the approval of the Principal

---

Permission Note

I give permission for my child ___________________ Class ___________ to participate in the School Cross Country Carnival on Thursday 3rd April at Allan Border Oval or Thursday 1st May 2014 (wet weather back-up). I understand they will be running around the outskirts of Allan Border Oval.

Signed ________________________________ Date __________________